

# EKEBY RIDSKOLA

| VECKA       | 53 | 1 | 2 | 3 | 4 | 5 | 6  | 7  | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
|-------------|----|---|---|---|---|---|----|----|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| MÅN<br>DAG  |    | A | D | T | M | H | B  | WE | D | M | H  | S  | A  | T  | D  | M  | H  | S  | A  | T  | D  | M  | H  | B  | A  |    |
| TIS<br>DAG  |    | A | D | B | M | T | H  | WE | D | S | M  | H  | T  | A  | D  | S  | M  | H  | T  | A  | D  | B  | M  | H  | A  |    |
| ONS<br>DAG  |    | M | T | H | D | A | B  | M  | H | D | WE | T  | S  | M  | H  | D  | A  | T  | S  | M  | H  | D  | A  | B  | A  |    |
| TORS<br>DAG |    | A | D | M | H | B | WE | D  | M | H | T  | S  | A  | D  | M  | H  | T  | S  | A  | D  | T  | M  | H  | B  | A  |    |
| FRE<br>DAG  |    | M | H | B | A | D | M  | H  | S | T | WE | D  | M  | H  | S  | T  | A  | D  | M  | H  | B  | T  | A  | D  | A  |    |
| LÖR<br>DAG  | A  | M | H | D | B | A | M  | T  | H | D | S  | WE | M  | H  | T  | D  | S  | A  | M  | H  | D  | A  | T  | B  | A  |    |
| SÖN<br>DAG  | A  | D | B | M | H | A | T  | D  | T | S | M  | H  | WE | D  | S  | M  | H  | A  | D  | B  | M  | H  | A  | T  | A  |    |

**A**

Allmänt - ridlärarens val

**B**

Balans

**D**

Dressyr

**H**

Hopning

**M**

Markarbete

**S**

Sitsarbete antingen lodrät eller lätt sits

**WE**

Working Equitation



Ämnet för dagen kan vid behov bytas av instruktören.